

# Long Term Care Insurance

**Why are you asking about my health history?** Your responses are strictly confidential and are shared with our internal insurance professionals and insurance carriers before you ever complete an application. Long term care insurance is medically underwritten. Understanding your current health before completing an application allows our team to find long term care insurance options for you at the most accurate price that can be placed with a high degree of confidence. Rest assured, you do not need to be in perfect health to qualify for coverage. Please also note that completing this questionnaire is not an offer or guarantee for coverage.

Proposed Insured's (PI) name: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Have you experienced a weight gain or loss of more than 10 pounds in the past year? YES NO  
 If yes, how much gain or loss? \_\_\_\_\_

Have you previously been rated, postponed, or declined for life/disability/LTC insurance? YES NO  
 If yes, when and why? \_\_\_\_\_

1. In which country were you born? If U.S., what state? \_\_\_\_\_

2. Are you a citizen of the United States of America? YES NO

3. Have you ever used tobacco or nicotine products? YES NO  
 How long ago? \_\_\_\_\_ If within the past 3 years, type and quantity \_\_\_\_\_

4. Do you vape or use any e-cigarettes? YES NO

5. Do you or have you ever used marijuana or a recreational drug? If so, please provide details including type of drug, quantity, frequency and purpose (medicinal vs. recreational)? YES NO

6. Do you have any medical conditions? If yes, please provide details including how many years you have had that/those condition(s), any complications, and any relevant results scores such as A1C score for diabetes. If you were ever diagnosed with a form of cancer, then please provide stage at diagnosis. YES NO

7. Have you previously been diagnosed with any medical conditions that you no longer have? If yes, please provide details including how many years ago were you were diagnosed and how many years ago you recovered. YES NO

8. Please list all current medications, both prescription and over the counter, that you are currently taking, including dosage and frequency.

Medication	Dosage	Frequency	Duration of Use	Reason
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____



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9. Have you been pregnant or delivered a child within the last 12 months? If yes, were there any complications during pregnancy or after childbirth? Please provide details: YES NO

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\_\_\_\_\_

10. Outside of childbirth, have you had any hospitalizations in the past 10 years? If yes, when and for what? YES NO

\_\_\_\_\_

\_\_\_\_\_

11. Has any biological parent or sibling died prior to age 70? If yes, from what condition and what age? YES NO

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\_\_\_\_\_

12. Do you have family history (parent or sibling) of cardiac disease, cerebral vascular disease, diabetes or cancer? If yes, please provide details & age of diagnosis YES NO

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\_\_\_\_\_

13. Have you ever been convicted of a felony or misdemeanor? If yes, provide details and current probation/parole status (if applicable) YES NO

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\_\_\_\_\_

14. Within the last 5 years, have you had any moving violations or DUIs? If yes, please provide details and status. YES NO

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\_\_\_\_\_

15. Are you an active member of the U.S. Military or Armed Forces Reserves? If yes, please provide details. YES NO

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\_\_\_\_\_

16. Do you plan to travel outside the borders of the United States in the next 2 years? If yes, please provide destination and purpose of the trip. YES NO

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\_\_\_\_\_

17. Do you participate in dangerous sports or activities, such as, but not limited to, piloting an aircraft, hang gliding, rock climbing, bungee jumping, sky diving or scuba diving? If yes, please provide details, frequency and any certifications attained. YES NO

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\_\_\_\_\_

18. Are you currently hospitalized, confined to a bed, or residing in an Assisted Living Facility? (If yes, please provide details including date(s) of any scheduled procedures). YES NO

\_\_\_\_\_

\_\_\_\_\_

19. In the last 2 years have you applied for any long term care policy or long term care rider that was declined or postponed? YES NO

20. Are you currently using or been medically advised by a Healthcare Professional within the last 5 years to use any of the following?

Care in a nursing facility	YES	NO	Motorized scooter	YES	NO
Home health care services	YES	NO	Hospital bed	YES	NO
Adult day care services	YES	NO	Stair Lift	YES	NO
Walker	YES	NO	Oxygen	YES	NO
Wheelchair	YES	NO	Dialysis machine	YES	NO
Multi-prong cane	YES	NO	Hospice care	YES	NO

21. Do you require assistance or supervision in performing any of the following activities?

Taking medication	YES	NO	Eating	YES	NO
Bathing	YES	NO	Toileting	YES	NO
Managing your bowel or bladder	YES	NO	Dressing	YES	NO
Getting in or out of a chair or bed	YES	NO	Walking	YES	NO

22. In the last 5 years, have you been diagnosed or treated by a Health Care Professional, been prescribed or taken medication for any of the following?

Alzheimer's disease or dementia	YES	NO	Muscular dystrophy	YES	NO
Lou Gehrig's disease (ALS)	YES	NO	Multiple sclerosis	YES	NO
Mild cognitive impairment (MCI)	YES	NO	Huntington's disease	YES	NO
Organic brain syndrome	YES	NO	Hepatitis	YES	NO
Mental incapacity or retardation	YES	NO	Cirrhosis	YES	NO
Recurrent memory loss	YES	NO	Parkinson's disease	YES	NO
Paralysis	YES	NO			
Smoking in conjunction with Emphysema, COPD				YES	NO
Stroke or Multiple Transient Ischemic Attack (TIA)				YES	NO
Have you undergone an organ transplant other than cornea or kidney				YES	NO
Spinal Stenosis or Chronic Back pain with use of narcotic medication				YES	NO
Autoimmune disorder/disease such as Systemic Lupus, Systemic Scleroderma, CREST syndrome, Connective Tissue disease				YES	NO

23. In the last 5 years have you been diagnosed or treated by a Healthcare Professional, or been prescribed or taken medication for any of the following?

Had a seizure or convulsion	YES	NO	Aneurysm	YES	NO
Heart bypass surgery	YES	NO	Had multiple falls	YES	NO
Heart valve replacement	YES	NO	Tremors	YES	NO
Congestive heart failure	YES	NO	Vascular surgery	YES	NO
Been hospitalized overnight 2 or more times				YES	NO
Cardiomyopathy				YES	NO
Had any fall resulting in a fracture				YES	NO

24. In the last 5 years, have you been diagnosed or treated by a Healthcare Professional, or been prescribed or taken medication for any of the following?		
Hodgkin's disease or other lymphoma	YES	NO
Leukemia	YES	NO
Any cancer other than non-melanoma skin cancer?	YES	NO
Alcohol or drug abuse or dependency	YES	NO
Depression, schizophrenia, bi-polar disorder or any other psychiatric disorder	YES	NO
Blood clotting deficiency, Factor V, VII, VIII, IX, X,	YES	NO
Idiopathic thrombocytopenic purpura (ITP) or essential thrombocythemia	YES	NO
Von Willebrand disease	YES	NO
Smoking with peripheral vascular disease, diabetes, or renal disease	YES	NO
25. In the last 7 years, have you been diagnosed or treated by a Healthcare Professional, or been prescribed or taken medication for any of the following?		
Hodgkin's disease or other lymphoma	YES	NO
TIA with a history of heart disease	YES	NO
Rheumatoid arthritis requiring use of narcotic medication	YES	NO
Rheumatoid arthritis with joint deformity or joint replacement	YES	NO
Bipolar disorder, schizophrenia or other psychosis	YES	NO
Kidney or cornea transplant	YES	NO
Chronic kidney failure	YES	NO
Myasthenia gravis	YES	NO
Diabetes currently treated with insulin	YES	NO
Diabetes with a history of TIA, Stroke, Neuropathy, kidney disease, peripheral vascular disease or congestive heart failure	YES	NO
26. Have you been advised by a Healthcare Professional to have any surgery, non-routine diagnostic test or medical evaluation that has not yet been completed? (If yes, please provide details including date(s) of any scheduled procedures).	YES	NO
_____		
_____		
_____		